

ZV Waterland: DAMES

2009-2010

0,00
0,00

50m rug

0:00.00
0:00.00

50m school

0:00.00
0:00.00

50m vrij

0:00.00
0:00.00

2007-2008

164,07 Liz de Wolf 2007
189,31 Nienke Schmidt 2007
221,21 Wietske Jong 2008
223,81 Rosalien Schrickx 2007
242,27 Saskia Vallant 2008

50m rug

	58	59
1	3	69
1	15	23
1	8	27
1	19	46

0:58.59
1:03.69
1:15.23
1:08.27
1:19.46

50m school

	55	49
1	1	91
1	13	0
1	14	4
1	20	12

0:55.49
1:01.91
1:13.00
1:14.04
1:20.12

50m vrij

	49	99
1	3	71
1	12	98
1	21	50
1	22	69

0:49.99
1:03.71
1:12.98
1:21.50
1:22.69

2005-2006

168,75 Tamar Uidam 2006

50m rug

	55	56
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0:55.56

50m school

	59	66
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0:59.66

50m vrij

	53	53
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0:53.53

2003-2004

147,88 Irene de Fouw 2004
160,68 Patricia Vallant 2004

50m rug

	49	80
	55	72

0:49.80
0:55.72

50m school

	52	78
	55	19

0:52.78
0:55.19

50m vrij

	45	30
	49	77

0:45.30
0:49.77

Dames

165,22 Lisa Schellinger 1996
244,82 Jacobien Kijne 1967

100m wisselslag

1	25	15
2	15	83

1:25.15
2:15.83

50m school

	46	32
	56	29

0:46.32
0:56.29

50m vrij

	33	75
	52	70

0:33.75
0:52.70